

Литература

- Abramson, L. Y., Metalsky, G. I., & Alloy, L. B. (1989). Hopelessness depression: A theory-based subtype of depression. *Psychological Review*, 96, 358–372.
- Ahrens, A. H., & Alloy, L. B. (1997). Social comparison processes in depression. In B. Buunk & R. Gibbons (Eds.), *Health, coping, and well-being: Perspectives from social comparison theory* (pp. 389–410). Mahwah, NJ: Erlbaum.
- Ainsworth, M. S., Blehar, M. C., Waters, E., & Wall, S. (1978). *Patterns of attachment: A psychological study of the Strange Situation*. Hillsdale, NJ: Erlbaum.
- Aldao, A., & Nolen-Hoeksema, S. (2010). Specificity of cognitive emotion regulation strategies: A transdiagnostic examination. *Behaviour Research and Therapy*, 48(10), 974–983.
- Aldao, A., & Nolen-Hoeksema, S. (2012a). The influence of context on the implementation of adaptive emotion regulation strategies. *Behaviour Research and Therapy*, 50, 493–501.
- Aldao, A., & Nolen-Hoeksema, S. (2012b). When are adaptive strategies most predictive of psychopathology? *Journal of Abnormal Psychology*, 121(1), 276–281.
- Alloy, L. B., Abramson, L. Y., Metalsky, G. I., & Hartledge, S. (1988). The hopelessness theory of depression. *British Journal of Clinical Psychology*, 27, 5–12.
- Ameli, R. (2014). *25 lessons in mindfulness: Now time for healthy living*. Washington, DC: American Psychological Association.
- Arend, R. A., Gove, F. L., & Sroufe, L. A. (1979). Continuity of individual adaptation from infancy to kindergarten: A predictive study of ego-resiliency and curiosity in preschoolers. *Child Development*, 50, 950–959.
- Ariès, P. (1962). *Centuries of childhood: A social history of family life*. New York: Random House.
- Aristotle. (1984). *The rhetoric and poetics of Aristotle*. New York: Random House.

- Aristotle. (1995). *Aristotle: Selections* (T. Irwin & G. Fine, Eds.). Indianapolis, IN: Hackett.
- Arntz, A., & Haaf, J. (2012). Social cognition in borderline personality disorder: Evidence for dichotomous thinking but no evidence for less complex attributions. *Behaviour Research and Therapy*, 50(11), 707–718.
- Austin, J. L. (1975). *How to do things with words* (2nd ed.). Cambridge, MA: Harvard University Press.
- Ayer, A. J. (1946). *Language, truth, and logic* (2nd ed.). London: Gollancz.
- Baldwin, M. W., & Dandeneau, S. D. (2005). Understanding and modifying the relational schemas underlying insecurity. In M. W. Baldwin (Ed.), *Interpersonal cognition* (pp. 33–61). New York: Guilford Press.
- Bar-Anan, Y., Wilson, T. D., & Gilbert, D. T. (2009). The feeling of uncertainty intensifies affective reactions. *Emotion*, 9(1), 123–127.
- Bargh, J. A., & Morsella, E. (2008). The unconscious mind. *Perspectives on Psychological Science*, 3(1), 73–79.
- Barlow, D. H. (2002). *Anxiety and its disorders: The nature and treatment of anxiety and panic* (2nd ed.). New York: Guilford Press.
- Bateman, A., & Fonagy, P. (2004). *Psychotherapy for borderline personality disorder: Mentalization-based treatment*. Oxford, UK: Oxford University Press.
- Bateman, A., & Fonagy, P. (2006). *Mentalization-based treatment for borderline personality disorder: A practical guide*. Oxford, UK: Oxford University Press.
- Beck, A. T., Emery, G., & Greenberg, R. L. (1985). *Anxiety disorders and phobias: A cognitive perspective*. New York: Basic Books.
- Beck, A. T., Freeman, A., & Davis, D. D. (2004). *Cognitive therapy of personality disorders* (2nd ed.). New York: Guilford Press.
- Beck, A. T., Rush, A. J., Shaw, B. F., & Emery, G. (1979). *Cognitive therapy of depression*. New York: Guilford Press.
- Beck, A. T., & Steer, R. A. (1993). *Beck Anxiety Inventory manual*. San Antonio, TX: Psychological Corporation.
- Beck, A. T., Steer, R. A., & Brown, G. K. (1996). *Manual for the Beck Depression Inventory–II*. San Antonio, TX: Psychological Corporation.
- Beck, J. S. (2011). *Cognitive therapy: Basics and beyond* (2nd ed.). New York: Guilford Press.
- Becker, G. S. (1976). *The economic approach to human behavior*. Chicago: University of Chicago Press.
- Becker, G. S. (1991). *A treatise on the family*. Cambridge, MA: Harvard University Press.
- Bishay, N. R., Tarrier, N., Dolan, M., Beckett, R., & Harwood, S. (1996). Morbid jealousy: A cognitive outlook. *Journal of Cognitive Psychotherapy*, 10, 9–22.
- Blackledge, J. T., & Hayes, S. C. (2001). Emotion regulation in acceptance and commitment therapy. *Journal of Clinical Psychology*, 57(2), 243–255.
- Blanchard, D. C., & Blanchard, R. J. (1990). Behavioral correlates of chronic dominance-subordination relationships of male rats in a seminatural situation. *Neuroscience and Biobehavioral Reviews*, 14, 455–462.
- Boehm, C. (2001). *Hierarchy in the forest: The evolution of egalitarian behavior*. Cambridge, MA: Harvard University Press.
- Bonanno, G. A., & Burton, C. L. (2013). Regulatory flexibility: An individual

differences perspective on coping and emotion regulation. *Perspectives on Psychological Science*, 8(6), 591–612.

- Bonanno, G. A., & Gupta, S. (2009). Resilience after disaster. In Y. Neria, S. Galea, & F. Norris (Eds.), *Mental health consequences of disasters* (pp. 145–160). New York: Cambridge University Press.
- Bond, F. W., Hayes, S. C., Baer, R. A., Carpenter, K. C., Guenole, N., Orcutt, H. K., et al. (2011). Preliminary psychometric properties of the Acceptance and Action Questionnaire–II: A revised measure of psychological flexibility and acceptance. *Behavior Therapy*, 42, 676–688.
- Borkovec, T. D. (1994). The nature, functions, and origins of worry. In G. C. L. Davey & F. Tallis (Eds.), *Worrying: Perspectives on theory, assessment, and treatment* (pp. 5–33). Chichester, UK: Wiley.
- Borkovec, T. D., Alcaine, O. M., & Behar, E. (2004). Avoidance theory of worry and generalized anxiety disorder. In R. G. Heimberg, C. L. Turk, & D. S. Mennin (Eds.), *Generalized anxiety disorder: Advances in research and practice* (pp. 77–108). New York: Guilford Press.
- Borkovec, T. D., Lyonfields, J. D., Wiser, S. L., & Deihl, L. (1993). The role of worrisome thinking in the suppression of cardiovascular response to phobic imagery. *Behaviour Research and Therapy*, 31, 321–324.
- Borkovec, T. D., Newman, M. G., & Castonguay, L. G. (2003). Cognitive-behavioral therapy for generalized anxiety disorder with integrations from interpersonal and experiential therapies. *CNS Spectrums*, 8(5), 382–389.
- Borkovec, T. D., Ray, W. J., & Stoeber, J. (1998). Worry: A cognitive phenomenon intimately linked to affective, physiological, and interpersonal behavioral processes. *Cognitive Therapy and Research*, 22, 561–576.
- Bowlby, J. (1969). *Attachment and loss: Vol. 1. Attachment*. London: Hogarth Press.
- Bowlby, J. (1973). *Attachment and loss: Vol. 2. Separation*. London: Hogarth Press.
- Bowlby, J. (1980). *Attachment and loss: Vol. 3. Sadness and depression*. London: Hogarth Press.
- Brickman, P., & Campbell, D. T. (1971). Hedonic relativism and planning the good society. In M. H. Apley (Ed.), *Adaptation-level theory: A symposium* (pp. 287–302). New York: Academic Press.
- Brigham, N. L., Kelso, K. A., Jackson, M. A., & Smith, R. H. (1997). The roles of invidious comparisons and deservingness in sympathy and *Schadenfreude*. *Basic and Applied Social Psychology*, 19, 363–380.
- Brown, L. (Ed.). (2009). *Aristotle: The Nicomachean ethics* (D. Ross, Trans.). New York: Oxford University Press.
- Buss, D. M. (1989). Conflict between the sexes: Strategic interference and the evocation of anger and upset. *Journal of Personality and Social Psychology*, 56, 735–747.
- Buss, D. M. (2000). *Dangerous passion: Why jealousy is as necessary as love and sex*. New York: Free Press.
- Buss, D. M., Larsen, R., Westen, D., & Semmelroth, J. (1992). Sex differences in jealousy: Evolution, physiology, and psychology. *Psychological Science*, 3, 251–255.

- Buss, D. M., & Schmitt, D. P. (1993). Sexual strategies theory: An evolutionary perspective on human mating. *Psychological Review*, 100(2), 204–232.
- Butler, R. (1963). The life review: An interpretation of reminiscence in the aged. *Psychiatry*, 26, 65–76.
- Buunk, B. (1981). Jealousy in sexually open marriages. *Alternative Lifestyles*, 4, 357–372.
- Carnap, R. (1967). *The logical structure of the world*. Berkeley: University of California Press.
- Cassidy, J. (1995). Attachment and generalized anxiety disorder. In D. Cicchetti & S. L. Toth (Eds.), *Rochester Symposium on Developmental Psychopathology: Vol. 6. Emotion, cognition, and representation* (pp. 343–370). Rochester, NY: University of Rochester Press.
- Castella, K. D., Goldin, P., Jazaieri, H., Ziv, M., Dweck, C. S., & Gross, J. J. (2013). Beliefs about emotion: Links to emotion regulation, well-being, and psychological distress. *Basic and Applied Social Psychology*, 35(6), 497–505.
- Chesterfield, P. D. S. (2008). *Lord Chesterfield's letters*. Oxford, UK: Oxford University Press. (Original work published 1776)
- Chiu, C.-Y., Hong, Y.-Y., & Dweck, C. S. (1997). Lay dispositionism and implicit theories of personality. *Journal of Personality and Social Psychology*, 73(1), 19–30.
- Clark, D. A., & Beck, A. T. (2010). *Cognitive therapy of anxiety disorders: Science and practice*. New York: Guilford Press.
- Clark, D. M. (1996). Panic disorder: From theory to therapy. In P. M. Salkovskis (Ed.), *Frontiers of cognitive therapy* (pp. 318–344). New York: Guilford Press.
- Clark, D. M. (1999). Anxiety disorders: Why they persist and how to treat them. *Behaviour Research and Therapy*, 37, S5–S27.
- Clark, D. M., Salkovskis, P. M., & Chalkley, A. (1985). Respiratory control as a treatment for panic attacks. *Journal of Behavior Therapy and Experimental Psychiatry*, 16(1), 23–30.
- Clark, D. M., Salkovskis, P. M., Hackmann, A., Wells, A., Ludgate, J., & Gelder, M. (1999). Brief cognitive therapy for panic disorder: A randomized controlled trial. *Journal of Consulting and Clinical Psychology*, 67(4), 583–589.
- Cosmides, L., & Tooby, J. (2002). Unraveling the enigma of human intelligence: Evolutionary psychology and the multimodular mind. In R. J. Sternberg & J. C. Kaufman (Eds.), *The evolution of intelligence* (pp. 145–198). Mahwah, NJ: Erlbaum.
- Crusius, J., & Mussweiler, T. (2012). When people want what others have: The impulsive side of envious desire. *Emotion*, 12(1), 142–153.
- Daly, M., & Wilson, M. (1988). *Homicide*. New York: Aldine de Gruyter.
- Darwin, C. (1965). *The expression of the emotions in man and animals*. Chicago: University of Chicago Press. (Original work published 1872)
- Davidson, R. J., & McEwen, B. S. (2012). Social influences on neuroplasticity: Stress and interventions to promote well-being. *Nature Neuroscience*, 15(5), 689–695.
- De Botton, A. (2004). *Status anxiety*. New York: Vintage.
- de Unamuno, M. (1954). *Tragic sense of life* (J. E. Crawford Fitch, Trans.). Mineola, NY: Dover. (Original work published 1921)

- De Wolff, M. S., & van IJzendoorn, M. H. (1997). Sensitivity and attachment: A meta-analysis on parental antecedents of infant attachment. *Child Development*, 68(4), 571–591.
- Deutsch, H. (1944–1945). *The psychology of women: A psychoanalytic interpretation* (Vols. 1–2). New York: Grune & Stratton.
- Dolan, M., & Bishay, N. (1996). The effectiveness of cognitive therapy in the treatment of non-psychotic morbid jealousy. *British Journal of Psychiatry*, 168(5), 588–593.
- Dollard, J., & Miller, N. E. (1950). *Personality and psychotherapy: An analysis in terms of learning, thinking, and culture*. New York: McGraw-Hill.
- Donnellan, M. B., Burt, S. A., Levendosky, A. A., & Klump, K. L. (2008). Genes, personality, and attachment in adults: A multivariate behavioral genetic analysis. *Personality and Social Psychology Bulletin*, 34(1), 3–16.
- Dugas, M. J., Buhr, K., & Ladouceur, R. (2004). The role of intolerance of uncertainty in the etiology and maintenance of generalized anxiety disorder. In R. G. Heimberg, C. L. Turk, & D. S. Mennin (Eds.), *Generalized anxiety disorder: Advances in research and practice* (pp. 143–163). New York: Guilford Press.
- Dugas, M. J., Freeston, M. H., & Ladouceur, R. (1997). Intolerance of uncertainty and problem orientation in worry. *Cognitive Therapy and Research*, 21(6), 593–606.
- Dugas, M. J., Gosselin, P., & Ladouceur, R. (2001). Intolerance of uncertainty and worry: Investigating specificity in a nonclinical sample. *Cognitive Therapy and Research*, 25, 13–22.
- Dunbar, R. I. M. (1998). *Grooming, gossip, and the evolution of language*. Cambridge, MA: Harvard University Press.
- Dunbar, R. I. M. (2012). *The science of love and betrayal*. London: Faber & Faber.
- Dunsmore, J. C., & Halberstadt, A. G. (1997). How does family emotional expressiveness affect children's schemas? In K. C. Barrett (Ed.), *New directions for child development: No. 77. The communication of emotion: Current research from diverse perspectives* (pp. 45–68). San Francisco: Jossey-Bass.
- Dutton, D. G., van Ginkel, C., & Landolt, M. A. (1996). Jealousy, intimate abusiveness, and intrusiveness. *Journal of Family Violence*, 11(4), 411–423.
- Dweck, C. S. (2000). *Self-theories: Their role in motivation, personality and development*. Philadelphia: Psychology Press.
- Dweck, C. S. (2006). *Mindset: The new psychology of success*. New York: Random House.
- Eibl-Eibesfeldt, I. (1972). *Love and hate: The natural history of behavior patterns*. New York: Holt.
- Eisenberg, N., Cumberland, A., & Spinrad, T. L. (1998). Parental socialization of emotion. *Psychological Inquiry*, 9(4), 241–273.
- Eisenberg, N., & Fabes, R. A. (1994). Mothers' reactions to children's negative emotions: Relations to children's temperament and anger behavior. *Merrill-Palmer Quarterly*, 40(1), 138–156.
- Eisenberg, N., & Spinrad, T. L. (2004). Emotion-related regulation: Sharpening the definition. *Child Development*, 75(2), 334–339.
- Elias, N. (2000). *The civilizing process: Sociogenetic and psychogenetic investigations* (rev. ed.). Oxford: Blackwell. (Original work published 1939)

- Elicker, J., Englund, M., & Sroufe, L. A. (1992). Predicting peer competence and peer relationships in childhood from early parent-child relationships. In R. Parke & G. Ladd (Eds.), *Family-peer relationships: Modes of linkage* (pp. 77-106). Hillsdale, NJ: Erlbaum.
- Ellis, A. (1994). *Reason and emotion in psychotherapy* (2nd ed.). Secaucus, NJ: Carol.
- Ellis, A. (1996). The treatment of morbid jealousy: A rational emotive behavior therapy approach. *Journal of Cognitive Psychotherapy*, 10(1), 23-33.
- Ellis, A., & Harper, R. A. (1975). *A new guide to rational living*. Englewood Cliffs, NJ: Prentice-Hall.
- Emmons, R. A., & Mishra, A. (2011). Why gratitude enhances well-being: What we know, what we need to know. In K. Sheldon, T. B. Kashdan, & M. F. Steger (Eds.), *Designing positive psychology: Taking stock and moving forward* (pp. 248-262). New York: Oxford University Press.
- Englund, M. M., Kuo, S. I., Puig, J., & Collins, W. A. (2012). Early roots of adult competence: The significance of close relationships from infancy to early adulthood. *International Journal of Behavioral Development*, 35, 490-496.
- Epstein, S., & O'Brien, E. J. (1985). The person-situation debate in historical and current perspective. *Psychological Bulletin*, 98(3), 513-537.
- Erickson, T. M., & Newman, M. G. (2007). Interpersonal and emotional processes in generalized anxiety disorder analogues during social interaction tasks. *Behavior Therapy*, 38(4), 364-377.
- Ermer, E., Guerin, S. A., Cosmides, L., Tooby, J., & Miller, M. B. (2006). Theory of mind broad and narrow: Reasoning about social exchange engages ToM areas, precautionary reasoning does not. *Social Neuroscience*, 1(3-4), 196-219.
- Euripides. (1920). *The Bacchae of Euripides*. New York: Longmans, Green.
- Feeney, B. C., & Thrush, R. L. (2010). Relationship influences on exploration in adulthood: The characteristics and function of a secure base. *Journal of Personality and Social Psychology*, 98(1), 57-76.
- Festinger, L. (1957). *A theory of cognitive dissonance*. Palo Alto, CA: Stanford University Press.
- Field, T., Sandberg, D., Garcia, R., Vega-Lahr, N., Goldstein, S., & Guy, L. (1985). Pregnancy problems, postpartum depression, and early mother-infant interactions. *Developmental Psychology*, 21(6), 1152-1156.
- Finucane, M., Alhakami, A., Slovic, P., & Johnson, S. (2000). The affect heuristic in judgments of risks and benefits. *Journal of Behavioral Decision Making*, 13, 1-13.
- Fiske, S. T. (2010). Envy up, scorn down: How comparison divides us. *American Psychologist*, 65(8), 698-706.
- Fleeson, W., & Nettle, E. E. (2009). The end of the person-situation debate: An emerging synthesis in the answer to the consistency question. *Social and Personality Psychology Compass*, 2(4), 1667-1684.
- Foa, E. B., & Kozak, M. J. (1986). Emotional processing of fear: Exposure to corrective information. *Psychological Bulletin*, 99, 20-35.
- Fonagy, P. (1989). On tolerating mental states: Theory of mind in borderline patients. *Bulletin of the Anna Freud Centre*, 12, 91-115.

- Fonagy, P. (2002). *Affect regulation, mentalization, and the development of the self*. New York: Other Press.
- Fonagy, P., & Target, M. (2006). The mentalization-focused approach to self pathology. *Journal of Personality Disorders*, 20(6), 544–576.
- Forgas, J. P. (1995). Mood and judgment: The affect infusion model (AIM). *Psychological Bulletin*, 117(1), 39–66.
- Frabley, R. C., Waller, N. G., & Brennan, K. A. (2000). An item-response theory analysis of self-report measures of adult attachment. *Journal of Personality and Social Psychology*, 78, 350–365.
- Frankl, V. E. (1959). The spiritual dimension in existential analysis and logotherapy. *Journal of Individual Psychology*, 15, 157–165.
- Frankl, V. E. (1963). *Man's search for meaning: An introduction to logotherapy*. Boston: Beacon Press.
- Franklin, B. (1914). *Poor Richard's almanac*. Waterloo, IA: U.S.C. Publishing. (Original work published 1759)
- Frederick, S., Loewenstein, G., & O'Donoghue, T. (2002). Time discounting and time preference: A critical review. *Journal of Economic Literature*, 40, 351–401.
- Fredrickson, B. L. (1998). What good are positive emotions? *Review of General Psychology*, 2, 300–319.
- Fredrickson, B. L. (2004). Gratitude (like other positive emotions) broadens and builds. In R. A. Emmons & M. E. McCullough (Eds.), *The psychology of gratitude* (pp. 145–166). New York: Oxford University Press.
- Fredrickson, B. L. (2013). Positive emotions broaden and build. In P. G. Devine & E. A. Plant (Eds.), *Advances in experimental social psychology* (Vol. 47, pp. 1–53). Burlington, MA: Academic Press.
- Fredrickson, B. L., Cohn, M. A., Coffey, K. A., Pek, J., & Finkel, S. M. (2008). Open hearts build lives: Positive emotions, induced through loving-kindness meditation, build consequential personal resources. *Journal of Personality and Social Psychology*, 95, 1045–1062.
- Froh, J. J., Emmons, R. A., Card, N. A., Bono, G., & Wilson, J. A. (2011). Gratitude and the reduced costs of materialism in adolescents. *Journal of Happiness Studies*, 12(2), 289–302.
- Fromm, E. (1976). *To have or to be?* New York: Harper & Row.
- Funder, D. C., & Colvin, C. R. (1991). Explorations in behavioral consistency: Properties of persons, situations, and behaviors. *Journal of Personality and Social Psychology*, 60, 773–794.
- Gay, P. (2013). *The Enlightenment: The science of freedom* (Vol. 2. Enlightenment: An interpretation). New York: Norton.
- Gigerenzer, G., & Selten, R. (2001). *Bounded rationality: The adaptive toolbox*. Cambridge, MA: MIT Press.
- Gilbert, D. T., Driver-Linn, E., & Wilson, T. D. (2002). The trouble with Vronsky: Impact bias in the forecasting of future affective states. In L. F. Barrett & P. Salovey (Eds.), *The wisdom in feeling: Psychological processes in emotional intelligence* (pp. 114–143). New York: Guilford Press.
- Gilbert, D. T., Pinel, E. C., Wilson, T. D., Blumberg, S. J., & Wheatley, T. P. (1998). Immune neglect: A source of durability bias in affective forecasting. *Journal of Personality and Social Psychology*, 75(3), 617–638.

- Gilbert, P. (1989). *Human nature and suffering*. Hove, UK: Erlbaum.
- Gilbert, P. (1990). Changes: Rank, status and mood. In S. Fischer & C. L. Cooper (Eds.), *On the move: The psychology of change and transition* (pp. 33–52). New York: Wiley.
- Gilbert, P. (1992). *Counselling for depression*. London: Sage.
- Gilbert, P. (1992). *Depression: The evolution of powerlessness*. Hove, UK: Erlbaum.
- Gilbert, P. (2000a). Social mentalities: Internal “social” conflict and the role of inner warmth and compassion in cognitive therapy. In P. Gilbert & K. G. Kent (Eds.), *Genes on the couch: Explorations in evolutionary psychotherapy* (pp. 118–150). Hove, UK: Brunner-Routledge.
- Gilbert, P. (2000b). Varieties of submissive behavior as forms of social defense: Their evolution and role in depression. In L. Sloman & P. Gilbert (Eds.), *Subordination and defeat: An evolutionary approach to mood disorders and their therapy* (pp. 3–46). Mahwah, NJ: Erlbaum.
- Gilbert, P. (2003). Evolution, social roles and the differences in shame and guilt. *Social Research*, 70, 401–426.
- Gilbert, P. (Ed.). (2005). *Compassion: Conceptualisations, research and use in psychotherapy*. Hove, UK: Routledge.
- Gilbert, P. (2007). Evolved minds and compassion in the therapeutic relationship. In P. Gilbert & R. L. Leahy (Eds.), *The therapeutic relationship in the cognitive behavioural psychotherapies* (pp. 106–142). Hove, UK: Routledge.
- Gilbert, P. (2009). *The compassionate mind*. London: Constable.
- Gilbert, P., & Allen, S. (1998). The role of defeat and entrapment (arrested flight) in depression: An exploration of an evolutionary view. *Psychological Medicine*, 28, 585–598.
- Gilbert, P., & Irons, C. (2005). Focused therapies and compassionate mind training for shame and self-attacking. In P. Gilbert (Ed.), *Compassion: Conceptualisations, research and use in psychotherapy* (pp. 263–326). Hove, UK: Routledge.
- Gottman, J. M., Katz, L. F., & Hooven, C. (1996). Parental meta-emotion philosophy and the emotional life of families: Theoretical models and preliminary data. *Journal of Family Psychology*, 10(3), 243–268.
- Gottman, J. M., Katz, L. F., & Hooven, C. (1997). *Meta-emotion: How families communicate emotionally*. Mahwah, NJ: Erlbaum.
- Gottman, J. M., & Krokoff, L. J. (1989). Marital interaction and satisfaction: A longitudinal view. *Journal of Consulting and Clinical Psychology*, 57(1), 47–52.
- Greenberg, L. S. (2001). *Toward an integrated affective, behavioral, cognitive psychotherapy for the new millennium*. Paper presented at the meeting of the Society for the Exploration of Psychotherapy Integration, Washington, DC.
- Greenberg, L. S. (2002). *Emotion-focused therapy: Coaching clients to work through their feelings*. Washington, DC: American Psychological Association.
- Greenberg, L. S. (2007). Emotion in the therapeutic relationship in emotion-focused therapy. In P. L. Gilbert & R. L. Leahy (Eds.), *The therapeutic relationship in the cognitive behavioural psychotherapies* (pp. 43–62). Hove, UK: Routledge.
- Greenberg, L. S., & Paivio, S. C. (1997). *Working with emotions in psychotherapy*. New York: Guilford Press.

- Greenberg, L. S., & Safran, J. D. (1987). *Emotion in psychotherapy: Affect, cognition, and the process of change*. New York: Guilford Press.
- Greenberg, L. S., & Safran, J. D. (1989). Emotion in psychotherapy. *American Psychologist*, 44(1), 19–29.
- Greenberg, L. S., & Safran, J. D. (1990). Emotional-change processes in psychotherapy. In R. Plutchik & H. Kellerman (Eds.), *Emotion: Theory, research, and experience: Vol. 5. Emotion, psychopathology, and psychotherapy* (pp. 59–85). San Diego, CA: Academic Press.
- Greenberg, L. S., & Watson, J. C. (2005). *Emotion-focused therapy for depression*. Washington, DC: American Psychological Association.
- Gross, J. J. (1998). Antecedent- and response-focused emotion regulation: Divergent consequences for experience, expression, and physiology. *Journal of Personality and Social Psychology*, 74(1), 224–237.
- Gross, J. J. (2002). Emotion regulation: Affective, cognitive, and social consequences. *Psychophysiology*, 39(3), 281–291.
- Gross, J. J., & John, O. P. (1997). Revealing feelings: Facets of emotional expressivity in self-reports, peer ratings, and behavior. *Journal of Personality and Social Psychology*, 72(2), 435–448.
- Gross, J. J., & John, O. P. (2003). Individual differences in two emotion regulation processes: Implications for affect, relationships, and well-being. *Journal of Personality and Social Psychology*, 85, 348–362.
- Grossman, M., Chaloupka, F. J., & Sirtalan, I. (1998). An empirical analysis of alcohol addiction: Results from the Monitoring the Future panels. *Economic Inquiry*, 36(1), 39–48.
- Guerrero, L. K., & Afifi, W. A. (1999). Toward a goal-oriented approach for understanding communicative responses to jealousy. *Western Journal of Communication*, 63(2), 216–249.
- Hackmann, A. (2005). Compassionate imagery in the treatment of early memories in Axis I anxiety disorders. In P. Gilbert (Ed.), *Compassion: Conceptualisations, research and use in psychotherapy* (pp. 352–368). Hove, UK: Routledge.
- Halberstadt, A. G., Dunsmore, J. C., Bryant, A., Jr., Parker, A. E., Beale, K. S., & Thompson, J. A. (2013). Development and validation of the Parents' Beliefs About Children's Emotions questionnaire. *Psychological Assessment*, 25(4), 1195–1210.
- Hanish, L. D., Eisenberg, N., Fabes, R. A., Spinrad, T. L., Ryan, P., & Schmidt, S. (2004). The expression and regulation of negative emotions: Risk factors for young children's peer victimization. *Development and Psychopathology*, 16(2), 335–353.
- Hansen, G. L. (1982). Reactions to hypothetical, jealousy producing events. *Family Relations*, 31, 513–518.
- Hassin, R. R., Uleman, J. S., & Bargh, J. A. (2005). *The new unconscious*. New York: Oxford University Press.
- Hawkey, L. C., & Cacioppo, J. T. (2010). Loneliness matters: A theoretical and empirical review of consequences and mechanisms. *Annals of Behavioral Medicine*, 40(2), 218–227.
- Hayes, S. C. (2002). Acceptance, mindfulness, and science. *Clinical Psychology: Science and Practice*, 9(1), 101–106.

- Hayes, S. C. (2004). Acceptance and commitment therapy, relational frame theory, and the third wave of behavioral and cognitive therapies. *Behavior Therapy*, 35, 639–665.
- Hayes, S. C., Jacobson, N. S., & Follette, V. M. (Eds.). (1994). *Acceptance and change: Content and context in psychotherapy*. Reno, NV: Context Press.
- Hayes, S. C., Levin, M., Plumb-Villardaga, J., Villatte, J., & Pistorello, J. (2013). Acceptance and commitment therapy and contextual behavioral science: Examining the progress of a distinctive model of behavioral and cognitive therapy. *Behavior Therapy*, 44(2), 180–198.
- Hayes, S. C., Luoma, J. B., Bond, F. W., Masuda, A., & Lillis, J. (2006). Acceptance and commitment therapy: Model, processes and outcomes. *Behaviour Research and Therapy*, 44(1), 1–25.
- Hayes, S. C., Strosahl, K. D., & Wilson, K. G. (2003). *Acceptance and commitment therapy: An experiential approach to behavior change*. New York: Guilford Press.
- Hayes, S. C., Strosahl, K. D., & Wilson, K. G. (2012). *Acceptance and commitment therapy: The process and practice of mindful change* (2nd ed.). New York: Guilford Press.
- Hayes, S. C., Strosahl, K. D., Wilson, K. G., Bissett, R. T., Pistorello, J., Toarmino, D., et al. (2004). Measuring experiential avoidance: A preliminary test of a working model. *Psychological Record*, 54, 553–578.
- Hayes, S. C., Wilson, K. G., Gifford, E. V., Follette, V. M., & Strosahl, K. (1996). Experiential avoidance and behavioral disorders: A functional approach to diagnosis and treatment. *Journal of Consulting and Clinical Psychology*, 64, 1152–1168.
- Hazan, C., & Shaver, P. (1987). Romantic love conceptualized as an attachment process. *Journal of Personality and Social Psychology*, 52(3), 511–524.
- Heidegger, M. (1962). *Being and time*. New York: Harper & Row.
- Heider, F. (1958). *The psychology of interpersonal relations*. New York: Wiley.
- Heimberg, R. G., Turk, C. L., & Mennin, D. S. (Eds.). (2004). *Generalized anxiety disorder: Advances in research and practice*. New York: Guilford Press.
- Hernandez-Reif, M., Field, T., Ironson, G., Beutler, J., Vera, Y., Hurley, J., et al. (2005). Natural killer cells and lymphocytes increase in women with breast cancer following massage therapy. *International Journal of Neuroscience*, 115(4), 495–510.
- Hernandez-Reif, M., Field, T., Largie, S., Diego, M., Manigat, N., Seoanes, J., et al. (2005). Cerebral palsy symptoms in children decreased following massage therapy. *Early Child Development and Care*, 175(5), 445–456.
- Hertenstein, M. J., Keltner, D., App, B., Bulleit, B. A., & Jaskolka, A. R. (2006). Touch communicates distinct emotions. *Emotion*, 6(3), 528–533.
- Hill, S. E., & Buss, D. M. (2006). Envy and positional bias in the evolutionary psychology of management. *Managerial and Decision Economics*, 27, 131–143.
- Hill, S. E., & Buss, D. M. (2008). The evolutionary psychology of envy. In R. H. Smith (Ed.), *Envy: Theory and research* (pp. 60–70). New York: Oxford University Press.
- Hill, S. E., DelPriore, D. J., & Vaughan, P. W. (2011). The cognitive consequences of envy: Attention, memory, and self-regulatory depletion. *Journal of Personality and Social Psychology*, 101(4), 653–666.

- Hofmann, S. G., Alpers, G. W., & Pauli, P. (2009). Phenomenology of panic and phobic disorders. In M. M. Antony & M. Stein (Eds.), *Oxford handbook of anxiety and related disorders* (pp. 34–46). New York: Oxford University Press.
- Ingram, R. E., Atchley, R. A., & Segal, Z. V. (2011). *Vulnerability to depression: From cognitive neuroscience to prevention and treatment*. New York: Guilford Press.
- Inwood, B. (Ed.). (2003). *The Cambridge companion to the Stoics*. Cambridge, UK: Cambridge University Press.
- Ironson, G., Field, T., Scafidi, F., Hashimoto, M., Kumar, M., Kumar, A., et al. (1996). Massage therapy is associated with enhancement of the immune system's cytotoxic capacity. *International Journal of Neuroscience*, 84(1–4), 205–217.
- Job, V., Dweck, C. S., & Walton, G. M. (2010). Ego depletion—is it all in your head?: Implicit theories about willpower affect self-regulation. *Psychological Science*, 21(11), 1686–1693.
- Johnson, S. L., Leedom, L. J., & Muhtadie, L. (2012). The dominance behavioral system and psychopathology: Evidence from self-report, observational, and biological studies. *Psychological Bulletin*, 138(4), 692–743.
- Joiner, T. E., Jr., Brown, J. S., & Kistner, J. (Eds.). (2006). *The interpersonal, cognitive, and social nature of depression*. Mahwah, NJ: Erlbaum.
- Joiner, T. E., Jr., Van Orden, K. A., Witte, T. K., & Rudd, M. D. (2009). *The interpersonal theory of suicide: Guidance for working with suicidal clients*. Washington, DC: American Psychological Association.
- Jones, E., & Davis, K. E. (1965). From acts to dispositions: The attribution process in person perception. In L. Berkowitz (Ed.), *Advances in experimental social psychology* (Vol. 2, pp. 219–266). New York: Academic Press.
- Kahneman, D., Krueger, A. B., Schkade, D., Schwarz, N., & Stone, A. A. (2006). Would you be happier if you were richer?: A focusing illusion. *Science*, 312, 1908–1910.
- Kahneman, D., & Tversky, A. (1984). Choices, values, and frames. *American Psychologist*, 39(4), 341–350.
- Kar, H. L., & O'Leary, K. D. (2013). Patterns of psychological aggression, dominance, and jealousy within marriage. *Journal of Family Violence*, 28, 109–119.
- Katz, L. F., Gottman, J. M., & Hooven, C. (1996). Meta-emotion philosophy and family functioning: Reply to Cowan (1996) and Eisenberg (1996). *Journal of Family Psychology*, 10(3), 284–291.
- Katzow, A. W., & Safran, J. D. (2007). Recognizing and resolving ruptures in the therapeutic alliance. In P. Gilbert & R. L. Leahy (Eds.), *The therapeutic relationship in the cognitive-behavioural psychotherapies* (pp. 90–105). Hove, UK: Routledge.
- Kelley, H. H. (1973). The processes of causal attribution. *American Psychologist*, 28(2), 107–128.
- Kelly, G. A. (1955). *The psychology of personal constructs*. New York: Norton.
- Kermer, D. A., Driver-Linn, E., Wilson, T. D., & Gilbert, D. T. (2006). Loss aversion is an affective forecasting error. *Psychological Science*, 17(8), 649–653.
- Kerns, K. A. (1994). A longitudinal examination of links between mother–child

- attachment and children's friendships in early childhood. *Journal of Social and Personal Relationships*, 11, 379–381.
- Kessen, W. (1965). *The child*. New York: Wiley.
- Kierkegaard, S. (1941). *The sickness unto death*. Princeton, NJ: Princeton University Press.
- Kierkegaard, S. (1992). *Either/or: A fragment of life* (A. Hannay, Trans.). New York: Penguin. (Original work published 1843)
- Klerman, G., Weissman, M. M., Rounsaville, B. J., & Chevron, E. (1984). *Interpersonal psychotherapy of depression*. New York: Basic Books.
- Knobloch, L. K., Solomon, D. H., & Cruz, M. G. (2001). The role of relationship development and attachment in the experience of romantic jealousy. *Personal Relationships*, 8, 205–224.
- Kohut, H. (1977). *The restoration of the self*. New York: International Universities Press.
- Kohut, H. (2009). *The analysis of the self: A systematic approach to the psychoanalytic treatment of narcissistic personality disorders*. Chicago: University of Chicago Press. (Original work published 1971)
- Kuyken, W., Padesky, C. A., & Dudley, R. (2009). *Collaborative case conceptualization: Working effectively with clients in cognitive-behavioral therapy*. New York: Guilford Press.
- Labott, S. M., & Teleha, M. K. (1996). Weeping propensity and the effects of laboratory expression or inhibition. *Motivation and Emotion*, 20, 273–284.
- Ladouceur, R., Gosselin, P., & Dugas, M. J. (2000). Experimental manipulation of intolerance of uncertainty: A study of a theoretical model of worry. *Behaviour Research and Therapy*, 38(9), 933–941.
- Lasch, C. (1977). *Haven in a heartless world*. New York: Basic Books.
- Lazarus, R. S. (1999). *Stress and emotion: A new synthesis*. New York: Springer.
- Lazarus, R. S., & Folkman, S. (1984). *Stress, appraisal, and coping*. New York: Springer.
- Leahy, R. L. (2001). *Overcoming resistance in cognitive therapy*. New York: Guilford Press.
- Leahy, R. L. (2002). A model of emotional schemas. *Cognitive and Behavioral Practice*, 9(3), 177–190.
- Leahy, R. L. (2003a). *Cognitive therapy techniques: A practitioner's guide*. New York: Guilford Press.
- Leahy, R. L. (2003b). Emotional schemas and resistance. In R. L. Leahy (Ed.), *Roadblocks in cognitive-behavioral therapy: Transforming challenges into opportunities for change* (pp. 91–115). New York: Guilford Press.
- Leahy, R. L. (2005a, November). *Integrating the meta-cognitive and meta-emotional models of worry*. Paper presented at the Association for the Advancement of Cognitive and Behavioral Therapy, Washington, DC.
- Leahy, R. L. (2005b, September). *Overcoming resistance in cognitive therapy*. Paper presented at the meeting of the European Association for Behavioral and Cognitive Therapy, Thessaloniki, Greece.
- Leahy, R. L. (2005c). A social cognitive model of validation. In P. Gilbert (Ed.), *Compassion: Conceptualisations, research and use in psychotherapy* (pp. 195–217). Hove, UK: Routledge.

- Leahy, R. L. (2005d). *The worry cure: Seven steps to stop worry from stopping you*. New York: Harmony/Random House.
- Leahy, R. L. (2007a). Emotional schemas and resistance to change in anxiety disorders. *Cognitive and Behavioral Practice*, 14(1), 36–45.
- Leahy, R. L. (2007b). Schematic mismatch in the therapeutic relationship: A social-cognitive model. In P. Gilbert & R. L. Leahy (Eds.), *The therapeutic relationship in the cognitive behavioural psychotherapies* (pp. 229–254). Hove, UK: Routledge.
- Leahy, R. L. (2009a). *Anxiety free: Unravel your fears before they unravel you*. Carlsbad, CA: Hay House.
- Leahy, R. L. (2009b). Resistance: An emotional schema therapy (EST) approach. In G. Simos (Ed.), *Cognitive behaviour therapy: A guide for the practising clinician* (Vol. 2, pp. 187–204). Hove, UK: Routledge.
- Leahy, R. L. (2010b). *Beat the blues before they beat you: How to overcome depression*. Carlsbad, CA: Hay House.
- Leahy, R. L. (2010a, October). *Keynote: Emotional schemas and cognitive therapy*. Paper presented at the meeting of the European Association for Behavioral and Cognitive Therapies, Milan, Italy.
- Leahy, R. L. (2010b). *Relationship Emotional Schema Scale (RESS)*. Unpublished manuscript, American Institute for Cognitive Therapy, New York.
- Leahy, R. L. (2011a, June). *Keynote: Emotional intelligence and cognitive therapy: A bridge over troubled waters*. Paper presented at the International Congress of Cognitive Psychotherapy, Istanbul, Turkey.
- Leahy, R. L. (2011b). *Keynote: Emotional schemas and implicit theory of emotion: Overcoming fear of feeling*. Paper presented at the International Conference of Metacognitive Therapy, Manchester, UK.
- Leahy, R. L. (2012a). *Emotional schemas as predictors of relationship dissatisfaction*. Unpublished manuscript, American Institute for Cognitive Therapy, New York.
- Leahy, R. L. (2012b). *Leahy Emotional Schema Scale II (LESS II)*. Unpublished manuscript, American Institute for Cognitive Therapy, New York.
- Leahy, R. L. (2013). *Keeping your head after losing your job: How to cope with unemployment*. London: Piatkus.
- Leahy, R. L. (in press). Emotional schema therapy. In J. Livesley, G. Dimmagio, & J. Clarkin (Eds.), *Integrated treatment for personality disorders*. New York: Guilford Press.
- Leahy, R. L., Beck, A. T., & Beck, J. S. (2005). Cognitive therapy of personality disorders. In S. Strack (Ed.), *Handbook of personology and psychopathology: Essays in honor of Theodore Millon* (pp. 442–461). New York: Wiley.
- Leahy, R. L., Holland, S. J. F., & McGinn, L. K. (2012). *Treatment plans and interventions for depression and anxiety disorders* (2nd ed.). New York: Guilford Press.
- Leahy, R. L., & Tirsch, D. (2008). Cognitive behavioral therapy for jealousy. *International Journal of Cognitive Therapy*, 1, 18–32.
- Leahy, R. L., Tirsch, D. D., & Melwani, P. S. (2012). Processes underlying depression: Risk aversion, emotional schemas, and psychological flexibility. *International Journal of Cognitive Therapy*, 5(4), 362–379.

- Leahy, R. L., Tirsch, D., & Napolitano, L. A. (2011). *Emotion regulation in psychotherapy: A practitioner's guide*. New York: Guilford Press.
- LeDoux, J. (2007). The amygdala. *Current Biology*, 17(20), R868–R874.
- Linehan, M. M. (1993). *Cognitive-behavioral treatment of borderline personality disorder*. New York: Guilford Press.
- Linehan, M. M. (2015). *DBT® skills training manual* (2nd ed.). New York: Guilford Press.
- Linehan, M. M., Bohus, M., & Lynch, T. R. (2007). Dialectical behavior therapy for pervasive emotion dysregulation: Theoretical and practical underpinnings. In J. J. Gross (Ed.), *Handbook of emotion regulation* (pp. 581–605). New York: Guilford Press.
- Loevinger, J. (1976). *Ego development*. San Francisco: Jossey-Bass.
- Love, T. M. (2014). Oxytocin, motivation and the role of dopamine. *Pharmacology, Biochemistry and Behavior*, 119, 49–60.
- Lundh, L.-G., Johnsson, A., Sundqvist, K., & Olsson, H. (2002). Alexithymia, memory of emotion, emotional awareness, and perfectionism. *Emotion*, 2(4), 361–379.
- Mancini, A. D., Bonanno, G. A., & Clark, A. E. (2011). Stepping off the hedonic treadmill: Individual differences in response to major life events. *Journal of Individual Differences*, 32(3), 144–152.
- Marazziti, D., Rucci, P., Nasso, E. D., Masala, I., Baroni, S., Rossi, A., et al. (2003). Jealousy and subthreshold psychopathology: A serotonergic link. *Neuropsychobiology*, 47, 12–16.
- Marcus Aurelius. (2002). *Meditations*. New York: Modern Library.
- Martell, C. R., Dimidjian, S., & Herman-Dunn, R. (2010). *Behavioral activation for depression: A clinician's guide*. New York: Guilford Press.
- Mathes, E. W., & Severa, N. (1981). Jealousy, romantic love, and liking: Theoretical considerations and preliminary scale development. *Psychological Reports*, 49(1), 23–31.
- Mayer, J. D., & Salovey, P. (1997). What is emotional intelligence? In P. Salovey & D. J. Sluyter (Eds.), *Emotional development and emotional intelligence: Educational implications* (pp. 3–34). New York: Basic Books.
- McClure, S. M., Ericson, K. M., Laibson, D. I., Loewenstein, G., & Cohen, J. D. (2007). Time discounting for primary rewards. *Journal of Neuroscience*, 27(21), 5796–5804.
- McFarland, C., & Miller, D. T. (1994). The framing of relative performance feedback: Seeing the glass as half empty or half full. *Journal of Personality and Social Psychology*, 66, 1061–1073.
- McGillicuddy-De Lisi, A. V., & Sigel, I. E. (1995). Parental beliefs. In M. H. Bornstein (Ed.), *Handbook of parenting: Vol. 3. Status and social conditions of parenting* (pp. 333–358). Mahwah, NJ: Erlbaum.
- McGregor, I. S., & Bowen, M. T. (2012). Breaking the loop: Oxytocin as a potential treatment for drug addiction. *Hormones and Behavior*, 61(3), 331–339.
- McGuire, M. T., Raleigh, M. J., & Johnson, C. (1983). Social dominance in adult male vervet monkeys: Behavior–biochemical relationships. *Social Science Information*, 22(2), 311–328.
- McIntosh, E. G. (1989). An investigation of romantic jealousy among black undergraduates. *Social Behavior and Personality*, 17(2), 135–141.

- Meehl, P. E. (1996). *Clinical versus statistical prediction: A theoretical analysis and a review of the evidence*. Northvale, NJ: Jason Aronson. (Original work published 1954)
- Mennin, D. S., Heimberg, R. G., Turk, C. L., & Fresco, D. M. (2002). Applying an emotion regulation framework to integrative approaches to generalized anxiety disorder. *Clinical Psychology: Science and Practice*, 9(1), 85–90.
- Mennin, D. S., Heimberg, R. G., Turk, C. L., & Fresco, D. M. (2005). Preliminary evidence for an emotion dysregulation model of generalized anxiety disorder. *Behaviour Research and Therapy*, 43(10), 1281–1310.
- Menninger, K. A., & Holzman, P. S. (1973). *Theory of psychoanalytic technique* (2nd ed.). New York: Basic Books.
- Michalik, N. M., Eisenberg, N., Spinrad, T. L., Ladd, B., Thompson, M., & Valiente, C. (2007). Longitudinal relations among parental emotional expressivity and sympathy and prosocial behavior in adolescence. *Social Development*, 16(2), 286–309.
- Mikulincer, M., Gillath, O., Halevy, V., Avihou, N., Avidan, S., & Eshkoli, N. (2001). Attachment theory and reactions to others' needs: Evidence that activation of the sense of attachment security promotes empathic responses. *Journal of Personality and Social Psychology*, 81(6), 1205–1224.
- Millon, T., Millon, C., Davis, R., & Grossman, S. (1994). *Millon Clinical Multiaxial Inventory–III (MCMI–III)*. Minneapolis, MN: Pearson Education.
- Morrison, J. (2014). *The first interview* (4th ed.). New York: Guilford Press.
- Muran, J. C., & Safran, J. D. (1993). Emotional and interpersonal considerations in cognitive therapy. In K. T. Kuehlwein & H. Rosen (Eds.), *Cognitive therapies in action: Evolving innovative practice* (pp. 185–212). San Francisco: Jossey-Bass.
- Muran, J. C., & Safran, J. D. (1998). Negotiating the therapeutic alliance in brief psychotherapy: An introduction. In J. D. Safran & J. C. Muran (Eds.), *The therapeutic alliance in brief psychotherapy* (pp. 3–14). Washington, DC: American Psychological Association.
- Needleman, L. D. (1999). *Cognitive case conceptualization: A guidebook for practitioners*. Mahwah, NJ: Erlbaum.
- Neff, K. D. (2009). Self-compassion. In M. R. Leary & R. H. Hoyle (Eds.), *Handbook of individual differences in social behavior* (pp. 561–573). New York: Guilford Press.
- Neff, K. D. (2012). The science of self-compassion. In C. Germer & R. D. Siegel (Eds.), *Wisdom and compassion in psychotherapy* (pp. 79–92). New York: Guilford Press.
- Nesse, R. M. (1994). An evolutionary perspective on substance abuse. *Ethology and Sociobiology*, 15, 339–348.
- Nesse, R. M., & Ellsworth, P. C. (2009). Evolution, emotions, and emotional disorders. *American Psychologist*, 64(2), 129–139.
- Nietzsche, F. (1956). *The birth of tragedy* and *The genealogy of morals*. Garden City, NY: Doubleday.
- Nolen-Hoeksema, S. (1991). Responses to depression and their effects on the duration of depressive episodes. *Journal of Abnormal Psychology*, 100(4), 569–582.

- Nolen-Hoeksema, S. (2000). The role of rumination in depressive disorders and mixed anxiety/depressive symptoms. *Journal of Abnormal Psychology, 109*, 504–511.
- Nussbaum, M. C. (2001). *Upheavals of thought: The intelligence of emotions*. Cambridge, UK: Cambridge University Press.
- Nussbaum, M. C. (2005). *Frontiers of justice: Disability, nationality, species membership*. Cambridge, MA: Belknap Press.
- O'Donoghue, T., & Rabin, M. (1999). Doing it now or later. *American Economic Review, 89*(1), 103–124.
- O'Leary, K. D., Smith Slep, A. M., & O'Leary, S. G. (2007). Multivariate models of men's and women's partner aggression. *Journal of Consulting and Clinical Psychology, 75*, 752–764.
- Olff, M., Frijling, J. L., Kubzansky, L. D., Bradley, B., Ellenbogen, M. A., Cardoso, C., et al. (2013). The role of oxytocin in social bonding, stress regulation and mental health: An update on the moderating effects of context and interindividual differences. *Psychoneuroendocrinology, 38*, 1883–1894.
- Paivio, S. C., & McCulloch, C. R. (2004). Alexithymia as a mediator between childhood trauma and self-injurious behaviors. *Child Abuse and Neglect, 28*(3), 339–354.
- Panzarella, C., Alloy, L. B., & Whitehouse, W. G. (2006). Expanded hopelessness theory of depression: On the mechanisms by which social support protects against depression. *Cognitive Therapy and Research, 30*(3), 307–333.
- Papageorgiou, C. (2006). Worry and its psychological disorders: Theory, assessment, and treatment. In G. C. L. Davey & A. Wells (Eds.), *Worry and rumination: Styles of persistent negative thinking in anxiety and depression* (pp. 21–40). Hoboken, NJ: Wiley.
- Papageorgiou, C., & Wells, A. (2001a). Metacognitive beliefs about rumination in major depression. *Cognitive and Behavioral Practice, 8*, 160–163.
- Papageorgiou, C., & Wells, A. (2001b). Positive beliefs about depressive rumination: Development and preliminary validation of a self-report scale. *Behavior Therapy, 32*(1), 13–26.
- Papageorgiou, C., & Wells, A. (2004). *Depressive rumination: Nature, theory, and treatment*. Chichester, UK: Wiley.
- Papageorgiou, C., & Wells, A. (2009). A prospective test of the clinical metacognitive model of rumination and depression. *International Journal of Cognitive Therapy, 2*, 123–131.
- Parker, G., Roussos, J., Hadzi-Pavlovic, D., Mitchell, P., Wilhelm, K., & Austin, M.-P. (1997). The development of a refined measure of dysfunctional parenting and assessment of its relevance in patients with affective disorders. *Psychological Medicine, 27*, 1193–1203.
- Parsons, T. (1951). *The social system*. New York: Free Press.
- Parsons, T. (1967). *Sociological theory and modern society*. New York: Free Press.
- Parsons, T., & Bales, R. F. (1955). *Family, socialization and interaction process*. Glencoe, IL: Free Press.
- Pennebaker, J. W., & Chung, C. K. (2011). Expressive writing: Connections to mental and physical health. In H. S. Friedman (Ed.), *The Oxford handbook of health psychology* (pp. 417–437). New York: Oxford University Press.
- Persons, J. B. (1993). Case conceptualization in cognitive-behavior therapy. In K.

- T. Kuehlwein & H. Rosen (Eds.), *Cognitive therapies in action: Evolving innovative practice* (pp. 33–53). San Francisco: Jossey-Bass.
- Pinker, S. (2002). *The blank slate: The modern denial of human nature*. New York: Viking.
- Pirie, D. (1994). *The Romantic period*. New York: Viking Penguin.
- Plato. (1991). *The republic of Plato* (A. D. Bloom, Trans.). New York: Basic Books.
- Price, J. (1967). The dominance hierarchy and the evolution of mental illness. *Lancet*, 290, 243–246.
- Purdon, C., & Clark, D. A. (1994). Obsessive intrusive thoughts in nonclinical subjects: II. Cognitive appraisal, emotional response and thought control strategies. *Behaviour Research and Therapy*, 32, 403–410.
- Purdon, C., Rowa, K., & Antony, M. M. (2005). Thought suppression and its effects on thought frequency, appraisal and mood state in individuals with obsessive-compulsive disorder. *Behaviour Research and Therapy*, 43(1), 93–108.
- Rachman, S. J. (1997). A cognitive theory of obsessions. *Behaviour Research and Therapy*, 35, 793–802.
- Raes, F., Pommier, E., Neff, K. D., & Van Gucht, D. (2011). Construction and factorial validation of a short form of the Self-Compassion Scale. *Clinical Psychology and Psychotherapy*, 18, 250–255.
- Raleigh, M. J., McGuire, M. T., Brammer, G. L., Pollack, D. B., & Yuwiler, A. (1991). Serotonergic mechanisms promote dominance acquisition in adult male vervet monkeys. *Brain Research*, 559(2), 181–190.
- Rapee, R. M., & Heimberg, R. G. (1997). A cognitive-behavioral model of anxiety in social phobia. *Behaviour Research and Therapy*, 35(8), 741–756.
- Rawls, J. (1971). *A theory of justice*. Cambridge, MA: Belknap Press.
- Read, D., & Read, N. L. (2004). Time discounting over the lifespan. *Organizational Behavior and Human Decision Processes*, 94(1), 22–32.
- Ridley, C. R., Mollen, D., & Kelly, S. M. (2011a). Beyond microskills: Toward a model of counseling competence. *The Counseling Psychologist*, 39(6), 825–864.
- Ridley, C. R., Mollen, D., & Kelly, S. M. (2011b). Counseling competence: Application and implications of a model. *The Counseling Psychologist*, 39(6), 865–886.
- Riskind, J. H. (1997). Looming vulnerability to threat: A cognitive paradigm for anxiety. *Behaviour Research and Therapy*, 35(8), 685–702.
- Riskind, J. H., & Kleiman, E. M. (2012). Looming cognitive style, emotion schemas, and fears of loss of emotional control: Two studies. *International Journal of Cognitive Therapy*, 5(4), 392–405.
- Riskind, J. H., Tzur, D., Williams, N. L., Mann, B., & Shahar, G. (2007). Short-term predictive effects of the looming cognitive style on anxiety disorder symptoms under restrictive methodological conditions. *Behaviour Research and Therapy*, 45(8), 1765–1777.
- Roemer, E., & Orsillo, S. M. (2002). Expanding our conceptualization of and treatment for generalized anxiety disorder: Integrating mindfulness/acceptance-based approaches with existing cognitive-behavioral models. *Clinical Psychology: Science and Practice*, 9(1), 54–68.
- Roemer, L., & Orsillo, S. M. (2009). *Mindfulness- and acceptance-based behavioral therapies in practice*. New York: Guilford Press.

- Rogers, C. R. (1951). *Client-centered therapy: Its current practice, implications, and theory*. Boston: Houghton Mifflin.
- Rogers, C. R., & American Psychological Association. (1985). *Client-centered therapy* [Sound recording]. Washington, DC: American Psychological Association.
- Ross, L., & Nisbett, R. E. (1991). *The person and the situation: Perspectives of social psychology*. New York: McGraw-Hill.
- Rotenberg, K. J., & Eisenberg, N. (1997). Developmental differences in the understanding of and reaction to others' inhibition of emotional expression. *Developmental Psychology*, 33(3), 526–537.
- Rumi, J. A.-D. (1997). *The illuminated Rumi* (C. Barks, Trans.). New York: Random House.
- Ryle, G. (1949). *The concept of mind*. London: Hutchinson.
- Saarni, C. (1999). *The development of emotional competence*. New York: Guilford Press.
- Saarni, C. (2007). The development of emotional competence: Pathways for helping children to become emotionally intelligent. In R. Bar-On & M. J. Elias (Eds.), *Educating people to be emotionally intelligent* (pp. 15–35). Westport, CT: Praeger.
- Safran, J. D. (1998). *Widening the scope of cognitive therapy: The therapeutic relationship, emotion and the process of change*. Northvale, NJ: Jason Aronson.
- Safran, J. D., & Greenberg, L. S. (1988). Feeling, thinking, and acting: A cognitive framework for psychotherapy integration. *Journal of Cognitive Psychotherapy*, 2(2), 109–131.
- Safran, J. D., & Greenberg, L. S. (Eds.). (1989). The treatment of anxiety and depression: The process of affective change. In P. C. Kendall & D. Watson (Eds.), *Anxiety and depression: Distinctive and overlapping features* (pp. 455–489). San Diego, CA: Academic Press.
- Safran, J. D., & Greenberg, L. S. (Eds.). (1991). *Emotion, psychotherapy, and change*. New York: Guilford Press.
- Safran, J. D., & Muran, J. C. (2000). Resolving therapeutic alliance ruptures: Diversity and integration. *Journal of Clinical Psychology*, 56(2), 233–243.
- Sale, E., Sambrano, S., Springer, J. F., & Turner, C. W. (2003). Risk, protection, and substance use in adolescents: A multi-site model. *Journal of Drug Education*, 33(1), 91–105.
- Salkovskis, P. M. (1989). Cognitive-behavioural factors and the persistence of intrusive thoughts in obsessional problems. *Behaviour Research and Therapy*, 27(6), 677–682.
- Salkovskis, P. M., & Campbell, P. (1994). Thought suppression induces intrusion in naturally occurring negative intrusive thoughts. *Behaviour Research and Therapy*, 32(1), 1–8.
- Salkovskis, P. M., Clark, D. M., & Gelder, M. G. (1996). Cognition-behaviour links in the persistence of panic. *Behaviour Research and Therapy*, 34, 453–458.
- Salkovskis, P. M., & Kirk, J. (1997). Obsessive-compulsive disorder. In D. M. Clark & C. G. Fairburn (Eds.), *Science and practice of cognitive behaviour therapy* (pp. 179–208). New York: Oxford University Press.
- Sallquist, J. V., Eisenberg, N., Spinrad, T. L., Reiser, M., Hofer, C., Zhou, Q., et al.

- (2009). Positive and negative emotionality: Trajectories across six years and relations with social competence. *Emotion*, 9(1), 15–28.
- Salovey, P., & Rodin, J. (1991). Provoking jealousy and envy: Domain relevance and self-esteem threat. *Journal of Social and Clinical Psychology*, 10(4), 395–413.
- Sartre, J.-P. (1956). *Being and nothingness* (H. Barnes, Trans.). New York: Gallimard.
- Scafidi, F., Field, T., Schanberg, S., Bauer, C., Tucci, K., Roberts, J., et al. (1990). Massage stimulates growth in preterm infants: A replication. *Infant Behavior and Development*, 13, 167–188.
- Segal, Z. V., Williams, J. M. G., & Teasdale, J. D. (2002). *Mindfulness-based cognitive therapy for depression: A new approach to preventing relapse*. New York: Guilford Press.
- Seligman, M. E. (2002). *Authentic happiness: Using the new positive psychology to realize your potential for lasting fulfillment*. New York: Free Press.
- Sennett, R. (1996). *The fall of public man*. New York: Norton.
- Sheets, V. L., Fredendall, L. L., & Claypool, H. M. (1997). Jealousy evocation, partner reassurance, and relationship stability: An exploration of the potential benefits of jealousy. *Evolution and Human Behavior*, 18(6), 387–402.
- Simon, H. A. (1956). Rational choice and the structure of the environment. *Psychological Review*, 63(2), 129–138.
- Simon, H. A. (1979). Rational decision making in business organizations. *American Economic Review*, 69, 493–513.
- Simpson, C., & Papageorgiou, C. (2003). Metacognitive beliefs about rumination in anger. *Cognitive and Behavioral Practice*, 10(1), 91–94.
- Sloman, L., Price, J., Gilbert, P., & Gardner, R. (1994). Adaptive function of depression: Psychotherapeutic implications. *American Journal of Psychotherapy*, 48, 401–414.
- Slovic, P. (2000). Trust, emotion, sex, politics, and science: Surveying the risk-assessment battlefield. In P. Slovic (Ed.), *The perception of risk* (pp. 277–313). Sterling, VA: Earthscan.
- Slovic, P., Finucane, M., Peters, E., & MacGregor, D. (2004). Risk as analysis and risk as feelings: Some thoughts about affect, reason, risk, and rationality. *Risk Analysis*, 24(2), 311–322.
- Smith, R. H., & Kim, S. H. (2007). Comprehending envy. *Psychological Bulletin*, 133(1), 46–64.
- Smith, R. H., Turner, T. J., Garonzik, R., Leach, C. W., Urch-Druskat, V., & Weston, C. M. (1996). Envy and *Schadenfreude*. *Personality and Social Psychology Bulletin*, 22, 158–168.
- Smucker, M. R., & Dancu, C. V. (1999). *Cognitive-behavioral treatment for adult survivors of childhood trauma: Imagery rescripting and reprocessing*. Northvale, NJ: Jason Aronson.
- Sookman, D., & Pinard, G. (2002). Overestimation of threat and intolerance of uncertainty in obsessive compulsive disorder. In R. O. Frost & G. Steketee (Eds.), *Cognitive approaches to obsessions and compulsions: Theory, assessment, and treatment* (pp. 63–89). Amsterdam: Pergamon/Elsevier.
- Sorabji, R. (2000). *Emotion and peace of mind: From Stoic agitation to Christian temptation*. Oxford, UK: Oxford University Press.

- Spanier, G. B. (1976). Measuring dyadic adjustment: New scales for assessing the quality of marriage and similar dyads. *Journal of Marriage and the Family*, 38, 15–28.
- Spock, B. (1957). *Baby and child care* (2nd ed.). New York: Pocket Books.
- Sroufe, L., & Waters, E. (1977). Heart rate as a convergent measure in clinical and developmental research. *Merrill-Palmer Quarterly*, 23(1), 3–27.
- Stearns, P. N. (1994). *American cool: Constructing a twentieth-century emotional style*. New York: New York University Press.
- Steinbeis, N., & Singer, T. (2013). The effects of social comparison on social emotions and behavior during childhood: The ontogeny of envy and *Schadenfreude* predicts developmental changes in equity-related decisions. *Journal of Experimental Child Psychology*, 115(1), 198–209.
- Stevens, A., & Price, J. (1996). *Evolutionary psychiatry: A new beginning*. London: Routledge.
- Strauss, J. L., Hayes, A. M., Johnson, S. L., Newman, C. F., Brown, G. K., Barber, J. P., et al. (2006). Early alliance, alliance ruptures, and symptom change in a nonrandomized trial of cognitive therapy for avoidant and obsessive-compulsive personality disorders. *Journal of Consulting and Clinical Psychology*, 74(2), 337–345.
- Suls, J., & Wheeler, L. (2000). A selective history of classic and neo-social comparison theory. In J. Suls & L. Wheeler (Eds.), *Handbook of social comparison* (pp. 3–19). New York: Kluwer Academic/Plenum Press.
- Tangney, J. P., Stuewig, J., & Mashek, D. J. (2007). Moral emotions and moral behavior. *Annual Review of Psychology*, 58, 345–372.
- Tannen, D. (1986). *That's not what I meant!: How conversational style makes or breaks your relations with others*. New York: Morrow.
- Tannen, D. (1990). *You just don't understand: Women and men in conversation*. New York: Morrow.
- Tannen, D. (1993). *Gender and conversational interaction*. New York: Oxford University Press.
- Taylor, G. J., Bagby, R. M., & Parker, J. D. (1991). The alexithymia construct: A potential paradigm for psychosomatic medicine. *Psychosomatics*, 32, 153–164.
- Teasdale, J. D. (1999). Multi-level theories of cognition–emotion relations. In T. Dalgleish & M. J. Power (Eds.), *Handbook of cognition and emotion* (pp. 665–681). Chichester, UK: Wiley.
- Thaler, R. H., & Shefrin, H. M. (1981). An economic theory of self-control. *Journal of Political Economy*, 89(2), 392–406.
- Tirch, D. D., Leahy, R. L., Silberstein, L. R., & Melwani, P. S. (2012). Emotional schemas, psychological flexibility, and anxiety: The role of flexible response patterns to anxious arousal. *International Journal of Cognitive Therapy*, 5(4), 380–391.
- Tolstoy, L. (1981). *The death of Ivan Ilyich*. New York: Bantam. (Original work published 1886)
- Tooby, J., & Cosmides, L. (1992). The psychological foundations of culture. In J. H. Barkow & L. Cosmides (Eds.), *The adapted mind: Evolutionary psychology and the generation of culture* (pp. 19–136). New York: Oxford University Press.

- Trivers, R. L. (1971). The evolution of reciprocal altruism. *Quarterly Review of Biology*, 46, 35–57.
- Trivers, R. L. (1972). Parental investment and sexual selection. In B. Campbell (Ed.), *Sexual selection and the descent of man, 1871–1971* (pp. 136–179). Chicago: Aldine.
- Troy, M., & Sroufe, L. (1987). Victimization among preschoolers: Role of attachment relationship history. *Journal of the American Academy of Child and Adolescent Psychiatry*, 26(2), 166–172.
- Tse, W. S., & Bond, A. J. (2002). Serotonergic intervention affects both social dominance and affiliative behaviour. *Psychopharmacology*, 161, 324–330.
- Tybur, J. M., Lieberman, D., Kurzban, R., & DeScioli, P. (2013). Disgust: Evolved function and structure. *Psychological Review*, 120(1), 65–84.
- Urban, J., Carlson, E., Egeland, B., & Sroufe, L. (1991). Patterns of individual adaptation across childhood. *Development and Psychopathology*, 3(4), 445–460.
- van de Ven, N., Zeelenberg, M., & Pieters, R. (2009). Leveling up and down: The experiences of benign and malicious envy. *Emotion*, 9, 419–429.
- van de Ven, N., Zeelenberg, M., & Pieters, R. (2011). Why envy outperforms admiration. *Personality and Social Psychology Bulletin*, 37(6), 784–795.
- van de Ven, N., Zeelenberg, M., & Pieters, R. (2012). Appraisal patterns of envy and related emotions. *Motivation and Emotion*, 36(2), 195–204.
- van Dijk, W. W., Ouwerkerk, J. W., Goslinga, S., Nieweg, M., & Gallucci, M. (2006). When people fall from grace: Reconsidering the role of envy in *Schadenfreude*. *Emotion*, 6(1), 156–160.
- Veen, G., & Arntz, A. (2000). Multidimensional dichotomous thinking characterizes borderline personality disorder. *Cognitive Therapy and Research*, 24(1), 23–45.
- Watson, D., Clark, L. A., & Tellegen, A. (1988). Development and validation of brief measures of positive and negative affect: The PANAS scales. *Journal of Personality and Social Psychology*, 54(6), 1063–1070.
- Watson, J. B. (1919). *Psychology from the standpoint of a behaviorist*. Philadelphia: Lippincott.
- Weber, M. (1930). *The Protestant ethic and the spirit of capitalism*. London: Unwin Hyman.
- Wegner, D. M. (1994). Ironic processes of mental control. *Psychological Review*, 101, 34–52.
- Wegner, D. M., Schneider, D. J., Carter, S., & White, T. (1987). Paradoxical effects of thought suppression. *Journal of Personality and Social Psychology*, 53, 5–13.
- Wegner, D. M., & Zanakos, S. (1994). Chronic thought suppression. *Journal of Personality*, 62, 615–640.
- Weinberger, D. A. (1995). The construct validity of the repressive coping style. In J. L. Singer (Ed.), *Repression and dissociation: Implications for personality theory, psychopathology, and health* (pp. 337–386). Chicago: University of Chicago Press.
- Weiner, B. (1974). *Achievement motivation and attribution theory*. Morristown, NJ: General Learning Press.
- Weiner, B. (1986). *An attributional theory of motivation and emotion*. New York: Springer-Verlag.

- Wells, A. (1995). An issue of intrusions [Editorial]. *Behavioural and Cognitive Psychotherapy*, 23(3), 202.
- Wells, A. (2000). *Emotional disorders and metacognition: Innovative cognitive therapy*. New York: Wiley.
- Wells, A. (2004). A cognitive model of GAD: Metacognitions and pathological worry. In R. G. Heimberg, C. L. Turk, & D. S. Mennin (Eds.), *Generalized anxiety disorder: Advances in research and practice* (pp. 164–186). New York: Guilford Press.
- Wells, A. (2005a). Detached mindfulness in cognitive therapy: A metacognitive analysis and ten techniques. *Journal of Rational–Emotive and Cognitive–Behavior Therapy*, 23, 337–355.
- Wells, A. (2005b). The metacognitive model of GAD: Assessment of meta-worry and relationship with DSM-IV generalized anxiety disorder. *Cognitive Therapy and Research*, 29, 107–121.
- Wells, A. (2005c). Worry, intrusive thoughts, and generalized anxiety disorder: The metacognitive theory and treatment. In D. A. Clark (Ed.), *Intrusive thoughts in clinical disorders: Theory, research, and treatment* (pp. 119–144). New York: Guilford Press.
- Wells, A. (2009). *Metacognitive therapy for anxiety and depression*. New York: Guilford Press.
- Wells, A., & Carter, K. (2001). Further tests of a cognitive model of generalized anxiety disorder: Metacognitions and worry in GAD, panic disorder, social phobia, depression, and nonpatients. *Behavior Therapy*, 32(1), 85–102.
- Wells, A., & Cartwright-Hatton, S. (2004). A short form of the Meta-Cognitions Questionnaire: Properties of the MCQ-30. *Behaviour Research and Therapy*, 42, 385–396.
- Wells, A., & Papageorgiou, C. (1998). Relationships between worry, obsessive–compulsive symptoms and meta-cognitive beliefs. *Behaviour Research and Therapy*, 36, 899–913.
- Wells, A., & Papageorgiou, C. (2001). Social phobic interoception: Effects of bodily information on anxiety, beliefs and self-processing. *Behaviour Research and Therapy*, 39, 1–11.
- Wells, A., & Papageorgiou, C. (2004). Metacognitive therapy for depressive rumination. In C. Papageorgiou & A. Wells (Eds.), *Depressive rumination: Nature, theory, and treatment* (pp. 259–273). Chichester, UK: Wiley.
- Wenzlaff, R. M., & Wegner, D. M. (2000). Thought suppression. *Annual Review of Psychology*, 51, 59–91.
- White, G. L. (1980). Inducing jealousy: A power perspective. *Personality and Social Psychology Bulletin*, 6, 222–227.
- White, G. L. (1981). A model of romantic jealousy. *Motivation and Emotion*, 5, 295–310.
- White, G. L., & Mullen, P. E. (1989). *Jealousy: Theory, research, and clinical strategies*. New York: Guilford Press.
- Whitman, W. (1959). Song of myself. In J. E. Miller, Jr. (Ed.), *Complete poetry and selected prose by Walt Whitman* (pp. 25–68). Boston: Houghton Mifflin.
- Wilson, K. A., & Chambless, D. L. (1999). Inflated perceptions of responsibility and obsessive–compulsive symptoms. *Behaviour Research and Therapy*, 37(4), 325–335.

- Wilson, K. G., & Murrell, A. R. (2004). Values work in acceptance and commitment therapy: Setting a course for behavioral treatment. In S. C. Hayes, V. M. Follette, & M. M. Linehan (Eds.), *Mindfulness and acceptance: Expanding the cognitive-behavioral tradition* (pp. 120–151). New York: Guilford Press.
- Wilson, K. G., & Sandoz, E. K. (2008). Mindfulness, values, and the therapeutic relationship in acceptance and commitment therapy. In S. F. Hick & T. Bein (Eds.), *Mindfulness and the therapeutic relationship* (pp. 89–106). New York: Guilford Press.
- Wilson, T. D., & Gilbert, D. T. (2003). Affective forecasting. In M. P. Zanna (Ed.), *Advances in experimental social psychology* (Vol. 35, pp. 345–411). San Diego, CA: Academic Press.
- Wilson, T. D., & Gilbert, D. T. (2005). Affective forecasting: Knowing what to want. *Current Directions in Psychological Science*, 14(3), 131–134.
- Wilson, T. D., Gilbert, D. T., & Centerbar, D. B. (2003). Making sense: The causes of emotional evanescence. In I. Brocas & J. D. Carrillo (Eds.), *The psychology of economic decisions: Vol. 1. Rationality and well being* (pp. 209–233). New York: Oxford University Press.
- Wilson, T. D., Wheatley, T., Meyers, J. M., Gilbert, D. T., & Axson, D. (2000). Focalism: A source of durability bias in affective forecasting. *Journal of Personality and Social Psychology*, 78(5), 821–836.
- Wittgenstein, L. (2001). *Tractatus logico-philosophicus*. New York: Routledge. (Original work published 1922)
- Wood, J. V. (1989). Theory and research concerning social comparisons of personal attributes. *Psychological Bulletin*, 106(2), 231–248.
- Young, J. E., Klosko, J., & Weishaar, M. (2003). *Schema therapy: A practitioner's guide*. New York: Guilford Press.
- Zajonc, R. B. (1980). Feeling and thinking: Preferences need no inferences. *American Psychologist*, 35(2), 151–175.
- Zauberman, G. (2003). The intertemporal dynamics of consumer lock-in. *Journal of Consumer Research*, 30(3), 405–419.